

NETWORK (PERN) has some tips to help you

BETTER MANAGE YOUR REHABILITATION WAIT LIST.

Have a look. You're sure to find a few solutions that apply to your situation.

You know the reality only too well....

- The population is aging, and the demand for rehabilitation services is steadily increasing.
- In many healthcare settings, resources have either levelled off or are declining, which can lengthen wait lists and create unacceptable delays.
- Rehabilitation wait lists tend to be managed by prioritizing the cases considered most urgent, based on a range of criteria. This is common
- practice, but it leaves many patients with problems that are seriously debilitating, albeit less urgent, without the services they require.
- For example, patients suffering from chronic pain are often pushed back on wait lists and do not have access to the care and follow-up they need.

It's also a fact that some organizational decisions are beyond your control.

You want to do more, but you don't know where to start.

We have a few suggestions to help you improve this situation!

What is PERN?

PERN — the *Professional Ethics in Rehabilitation Network* — is a group of researchers and students interested in various aspects of ethics in rehabilitation. We are affiliated with three Quebec universities and three research centres

Today, we're sharing the findings of years of research on access to physiotherapy and occupational therapy services in Quebec.

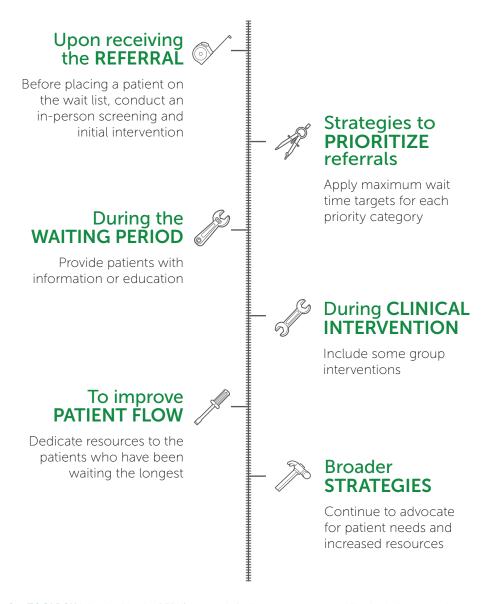
We hope this information will be helpful in guiding your reflection and efforts.

Why not try a different approach?

A number of strategies can be considered to:

IMPROVE THE MANAGEMENT OF YOUR WAIT LIST

Check them out! You may find solutions that apply to your situation. Here are a few examples of the strategies you'll find in our toolbox, available online at www.facebook.com/PERN.ca



Our **TOOLBOX** is inspired by the PERN's research findings on access to public physiotherapy and occupational therapy services in Quebec. The strategies it contains are only suggestions and they may or may not apply to your setting. Each strategy has advantages and disadvantages. Professional judgment should always prevail when choosing and applying these strategies.

